



Ideas=Dreams=
Wishes=Goals

DOVIA 2024



We will work on goals today.

What do you think about making goals?

How do you feel about making goals?

Stressful? Work? **Not fun**

HOW WILL I KNOW WHAT TO SAY?

Am I just pretending?

They won't happen anyway!

I have to do this to be successful.

Why do this?

NO NO NO



*Let's make it
wishes | desires
instead!*

What would
surprise you?

What surprise
would you like?



What would I like to happen for my organization this year?



What would make my organization better this year?





What would make my life easier, more fun, more exciting, less stressful?

How could I find fun for my organization this next year?

LAUNDRY LIST

Brainstorm 15+ Things/Ideas
Dreams/Desires.

Ignore:

- not enough time,
- not enough money,
- not enough support,
- *no & not, not, not...*





- **10 minutes** – no overthinking. Just list ideas *really really fast!*

Look at your list.

**What stands out, what is
brighter, what is most
interesting to you?**

(Pick 3-4)

Now choose one:

- Pretend it has already happened.
- Write down how it feels to be doing it.
- Describe how it effects your organization, what is better, what is easier, what is more fun.



Choose another:

Pretend it has already happened and write down how it feels to be doing it.

Describe how it effects your organization:

- what is better,
- what is easier,
- what is more fun!



Choose a third:

Pretend it has already happened and write down how it feels to be doing it.

Describe how it effects your organization:

- what is better,
- what is easier,
- what is more fun!



Take Aways

- Fold the paper/papers with your two or three wishes/desires into thirds and write a short note about thoughts from today's session.
- Write your name on the outside of the packet.
- In March or April open your wish/desire list and see how it has manifest. Are your thoughts about the list different from today?



Thanks for sharing your ideas and for being willing to play with me today.

Love to all and have a great rest of 2024!