DOVIA Mississippi Presents
VOLUNTEER CARE KIT IDEAS

AKA: Volunteer Survival Kit, Volunteer Spirit Kit or Sweet Suggestions

HOW TO ASSEMBLE YOUR VOLUNTEER CARE KIT

1. Choose the items you would like to include, using the list below for ideas.
2. Type the items on a label or cardstock, or write a poem!
3. Place label on outside of bag (can be simple – like a ziplock) before filling.
4. Fill bag with items and decorate in any way you wish.
5. If you chose cardstock to list the items, attach it to the bag using ribbon.

<table>
<thead>
<tr>
<th>ITEM</th>
<th>SAYING</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Grand candy</td>
<td>you’re worth 100 Grand, thanks for lending us a hand</td>
</tr>
<tr>
<td>AlkaSeltzer</td>
<td>for those who add fizz to our group</td>
</tr>
<tr>
<td>Almond Joy</td>
<td>because sometimes you feel like a nut</td>
</tr>
<tr>
<td>Balloon</td>
<td>may you expand and grow as you serve</td>
</tr>
<tr>
<td>Band-Aid</td>
<td>for when things are a little rough</td>
</tr>
<tr>
<td></td>
<td>to guard against “ouchy” comments</td>
</tr>
<tr>
<td></td>
<td>to be sensitive to the feelings of others</td>
</tr>
<tr>
<td></td>
<td>when you feel hurt for what you are trying to do</td>
</tr>
<tr>
<td></td>
<td>to remind you to heal hurt feelings</td>
</tr>
<tr>
<td></td>
<td>you will heal and be even stronger</td>
</tr>
<tr>
<td>Bath Salts</td>
<td>“To take you away”</td>
</tr>
<tr>
<td></td>
<td>you deserve a quiet break</td>
</tr>
<tr>
<td>Book of Matches</td>
<td>no-one matches your volunteer contributions</td>
</tr>
<tr>
<td>Candle</td>
<td>to light your way</td>
</tr>
<tr>
<td></td>
<td>no-one can hold a candle to you</td>
</tr>
<tr>
<td></td>
<td>to make your day brighter</td>
</tr>
<tr>
<td></td>
<td>thanks for lighting up our day in your own special way</td>
</tr>
<tr>
<td>Candy Cane</td>
<td>you are so sweet</td>
</tr>
<tr>
<td>Candy Egg</td>
<td>you’re a good egg</td>
</tr>
<tr>
<td>Candy Kisses/Hugs</td>
<td>for when you need a little TLC</td>
</tr>
<tr>
<td></td>
<td>everyone needs a kiss or a hug every day</td>
</tr>
<tr>
<td></td>
<td>a reminder of how special you are to me</td>
</tr>
<tr>
<td></td>
<td>I’ve been there for you right from the start</td>
</tr>
<tr>
<td>Chewing Gum</td>
<td>to remind you to stick with it</td>
</tr>
<tr>
<td>Confetti</td>
<td>to remind you to celebrate even the smallest successes</td>
</tr>
<tr>
<td>Cotton Ball</td>
<td>to remind you of the softness of the human heart</td>
</tr>
</tbody>
</table>

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thanks for your involve’mint’  
I ‘mint’ to say I love you, but I knew you would understand  
I ‘mint’ to send you flowers, but they cost so much you know  
I ‘mint’ to ask you to forgive me, but that is so hard to do  

Mirror  
to look at a very special person  

Mounds candy  
you have helped us Mounds  
thanks for the Mounds of time you’ve given us  

Nuts  
we’d go nuts without you  
we’re nuts for our volunteers  

Paper clip  
to hold it all together  
to keep you organized  

PayDay candy  
you deserve an extra PayDay  

Pencil  
you’ve got the ‘write’ stuff  

Penny  
for luck on a rainy day  

Piece of Rope  
for when you reach the end of yours  
so that you never reach the end of yours  

Post-It  
your help is dearly noted  
to keep communication flowing  

Puzzle Piece  
without you we wouldn’t be complete  
thanks for putting all the pieces together  

Quarter  
to call for help and to remind you that you are not alone  

Raisins  
wish we could give you a raisin pay  
thanks for raisin us to a new level through your volunteering  
thanks for the fund’raisin’  

Rock candy  
you rock  

Rubber Band  
to remind you to be flexible  
for stretching your limits/patience/flexibility/endurance  
stretch your abilities to experience new opportunities  
you’ve banded us together  

Safety Pin  
for holding things together  

Seed packet  
for helping us to grow  

Smarties  
you’re such a Smartie. Thanks for your great ideas  

Snicker bar  
find time to Snicker at life  
a Snicker for all the good times  
to keep you laughing  

Starbursts  
you’re a star and we are bursting with gratitude for you  
for that extra burst of energy  

String  
to tie it together when things fall apart  

Suckers  
we’re a sucker for volunteers like you  
thanks for your help in licking challenges  

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Sweet N Sour  to appreciate the difference in others
Taffy  we’re not pulling your leg – we really appreciate you
Tape Measure/Ruler you measure up as a fantastic volunteer
              you are immeasurable
Tea Bag  to remind you to relax daily and count your blessings
Tic Tacs or Certs you’re a breath of fresh air
              your ideas take my breath away
Tissues  to wipe away the tears
Toothpick to remind you to pick out the good qualities in others
              to prop your eyes open during a meeting
Tootsie Rolls Thanks for keeping us on a roll

VOLUNTEER SAYINGS

Use your imagination with the following sayings on cards, notes, emails, etc.

➢ Our Volunteers have Purseonality
➢ Your time is valuable….thanks for giving it to us!
➢ Your help is greatly appreciated
➢ Volunteers are like Coke....they’re the real thing
➢ Volunteers are like Pepsi....they’ve got a lot to give
➢ Volunteers are like hairspray....they hold in all kinds of weather
➢ Volunteers are like Hallmark....they care enough to give their very best
➢ Volunteers are like Continental....they make the going great
➢ Volunteers are like Frosted Flakes....THEY’RE GRRRRREAT.

SAVING THANK YOU WITH DIE CUTS

Make labels using die cuts and attach to your sweeties bag of choice.

ANGEL:   “You are an angel. Thank you for volunteering”
APPLE:   “You are the apple of our eye”
AWARD:  #1 Mentor/Volunteer
BOOKMARK:  “You leave a mark on a child’s life”
CAMERA:  “Picture this...You are the greatest mentor/volunteer”
CRAYON:  “You have colored the day happy for ________”
FLOWER:  “Thanks for making ___________ bloom”
FOOTPRINT:  “You have made your footprint (mark) in the heart of a child”
FROG:   “Because of you, ______’s progress is hopping along”
HAND:   “Thanks for giving us a hand”
HEART:   “Thank you from the bottom of our heart”
KEY:   “You are a key part of our school”

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Letter M: “Magnificent Mentor”
MISSISSIPPI: “You’re the best mentor/volunteer in the state”
PUZZLE PIECE: “You are the missing piece”
STAR: “You are a super star”
SUN: “You light up our school”
TEDDY BEAR: “A bear hug for your work with _____”
TENNIS SHOE: “You’ve walked the extra mile”

THANKING WITH CANDY CARD QUOTES

On a 3x5 card or other card, write the appropriate volunteer quote and then tape or hot-glue a piece of candy to it.

Smarties
"Those who can, do. Those who can do more, volunteer."
- Mark Fischer

Heart Lollipop
"Volunteers do not necessarily have the time; they just have the heart."
- Elizabeth Andrew

Pumpkin Seeds
"Plant flowers in others’ gardens and your life becomes a bouquet."
- Unknown

Laffy Taffy
"Here’s to all volunteers, those dedicated people who believe in all work and no pay."
- Robert Orben

Life Saver
"We make a living by what we get, we make a life by what we give."
- Winston Churchill

Starlight Mint
"Volunteers are not paid - not because they are worthless, but because they are priceless."
- Sherry Anderson

Satellite Wafer
"Service to others is the rent you pay for your room here on earth."
- Mohammad Ali

Candy Watch
"You cannot do a kindness too soon, for you never know how soon it will be too late."
- Ralph Waldo Emerson

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Now and Later
"Be kind and generous everyday and volunteer, it's good for the soul."
- Avery Marcone

Bit-O-Honey
"No joy can equal the joy of serving others."
- Sai Baba