

Get answers to your parenting challenges.



Sponsored by
The Junior League of Jackson

Learn about issues facing our children and how to best handle them in this new series. Child development experts from the Children's of Mississippi Center for Advancement of Youth will share their knowledge and take your questions in a relaxed, conversational setting.

Where:

The University of Mississippi Medical Center
2500 North State Street | Jackson
Norman C. Nelson Student Union
Rooms A-D
Free parking available in Lot D.

When:

6:15 pm – Registration and Dinner
6:45 – 7:30 pm – Program

Topics:

September 21, 2017

Back to School:

Optimizing success for the child's development and learning

October 19, 2017

State of Mind:

The truth about anxiety, depression, and other mood disorders facing our children and youth

November 16, 2017

Parenting the Young Child:

Everything you wish someone had told you!

January 4, 2018

Let's Get Real:

All you need to know about ADHD

February 22, 2018

Healthy Habits:

Empowering and reinforcing healthy habits and choices

March 22, 2018

Parenting the Teenager:

The good, the bad, the ugly

April 12, 2018

Autism (ASD):

The Who, What, When, Where, How, and Whys of Autism Spectrum Disorder

This free education series is open to the community.

Dinner will be provided (first-come, first-served), and childcare is available for ages 3 to 10.

For more information on Food for Thought or to learn more about the Center for Advancement of Youth, visit umc.edu/answers or contact Sara Hart Fellows at sfellows@umc.edu or **601.209.5504**.



**Center for
Advancement
of Youth**